

# Techniques to Reduce the Frequency of Side Branch Stenting

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# Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

## Affiliation/Financial Relationship

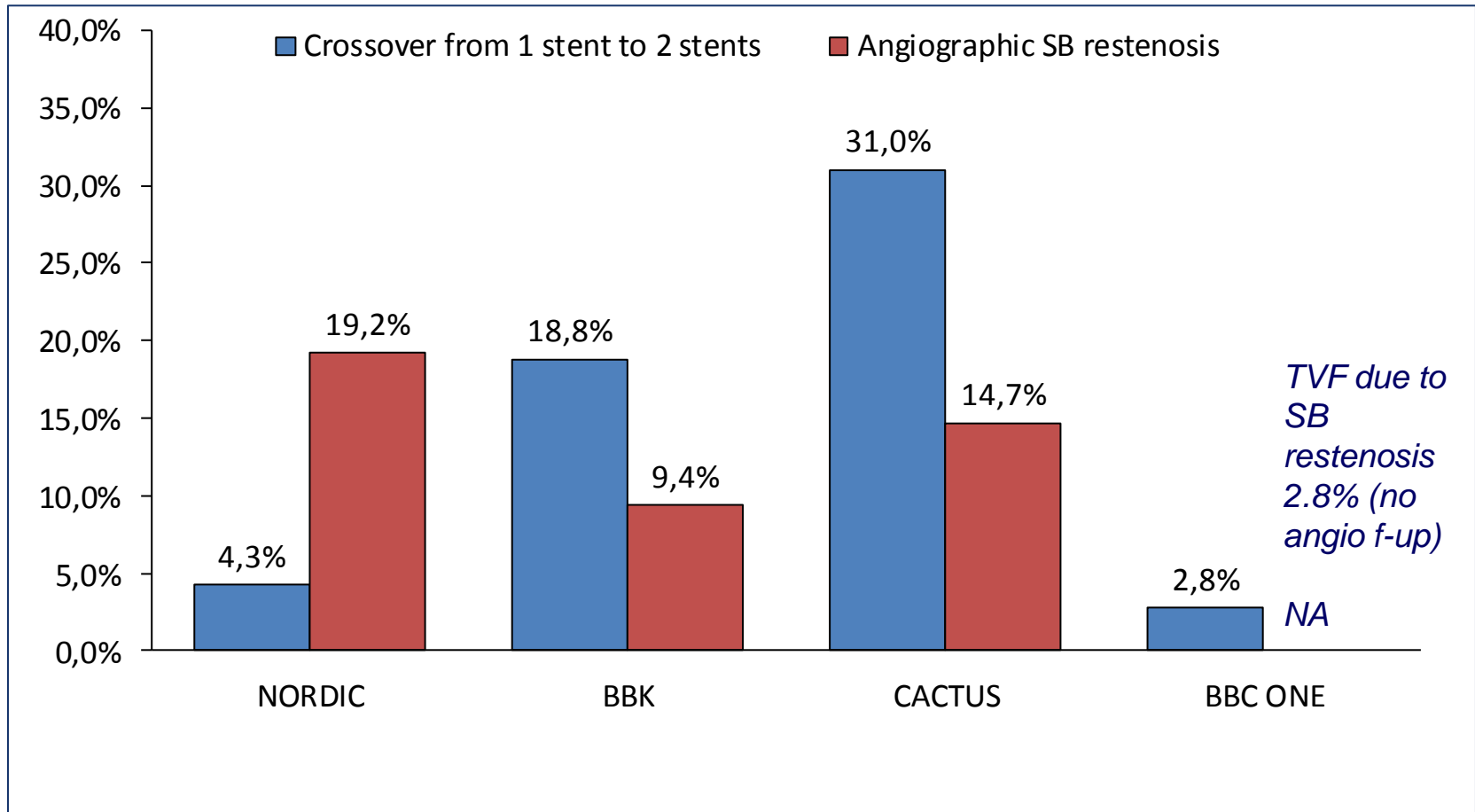
- Grant/Research Support
- Consulting Fees/Honoraria
- Major Stock Shareholder/Equity
- Royalty Income
- Ownership/Founder
- Intellectual Property Rights
- Other Financial Benefit

## Company

- Abbott Vascular, Boston Scientific
- Abbot Vascular, Biosensors, Biotronik, Boston Scientific, Cordis J&J, Medtronic

# How Often We Need 2<sup>nd</sup> Stent after MV Stent?

## *Crossover from 1 Stent to 2 Stents*



# When We Need 2<sup>nd</sup> Stent after MV Stenting?

## *Suboptimal Result in SB after MV Stenting*



### ***Nordic Bifurcation Study:***

If TIMI < 3 → SB dilation; SB stenting if TIMI flow = 0 after dilation

*Steigen TK et al. Circulation. 2006;114:1955-1961*

### ***CACTUS:***

Residual stenosis ≥ 50%;  
dissection of type B or worse;  
TIMI flow ≤ 2

*Colombo A et al. Circulation. 2009;119:71-78*

### ***Bifurcations Bad Krozingen:***

Flow limiting dissection or residual stenosis of ≥ 75%

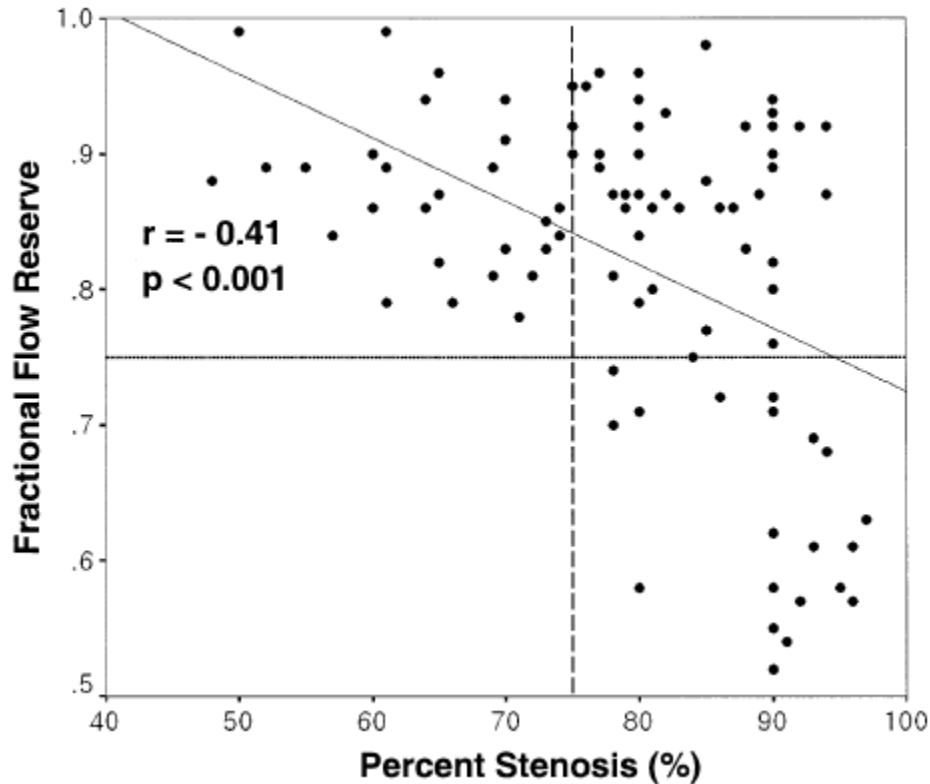
*Ferenc M et al. Eur Heart J 2008; 29: 2859-2867*

### ***BBC ONE:***

TIMI flow < 3, persistent ostial pinching of SB (< 70%), threatened SB closure, or SB dissection > type A

*Hildick-Smith D et al. Circulation. 2010;121:1235-1243*

# Correlation Between FFR and % Stenosis (QCA) in Jailed Side Branches



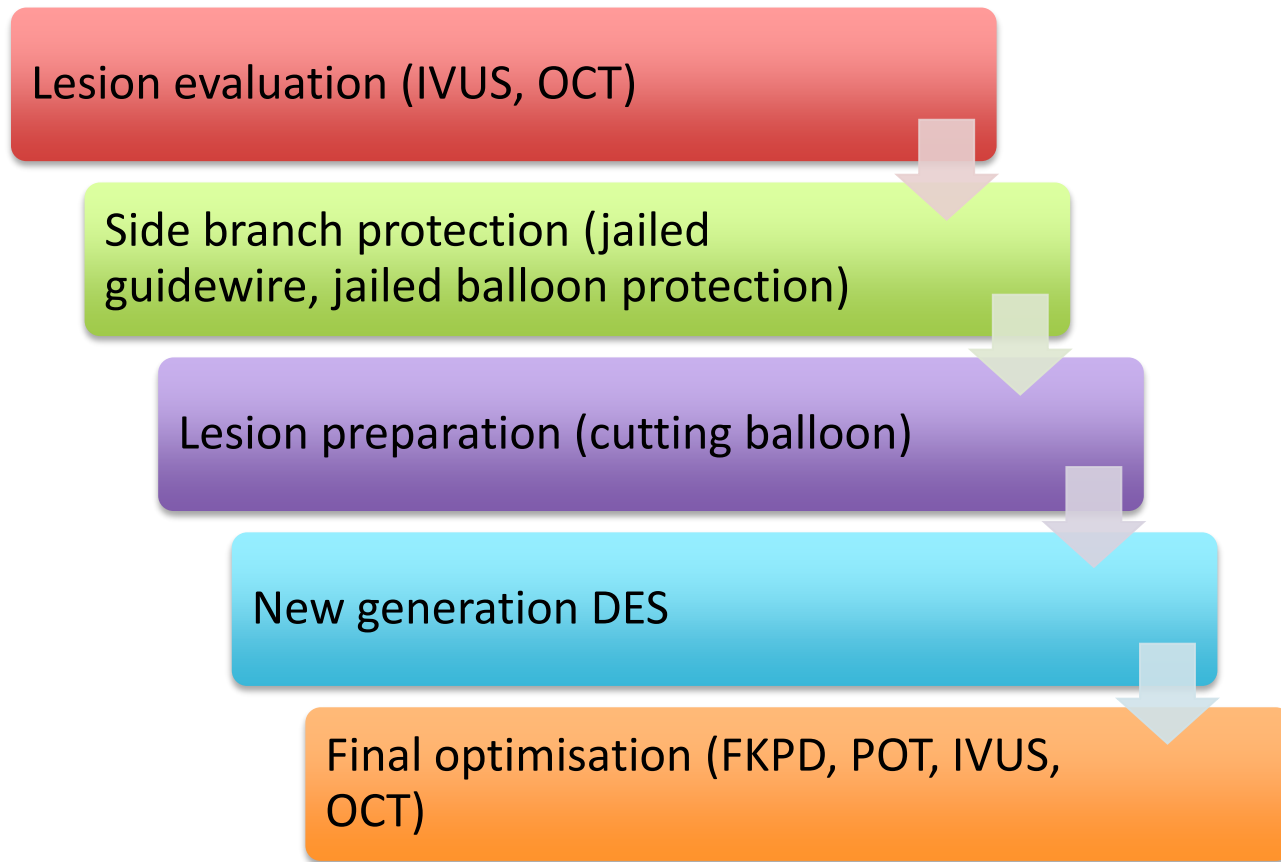
There was a negative correlation between the percent stenosis and FFR ( $r=0.41$ ,  $p<0.001$ ).

No lesion with  $<75\%$  stenosis had  $FFR<0.75$ .

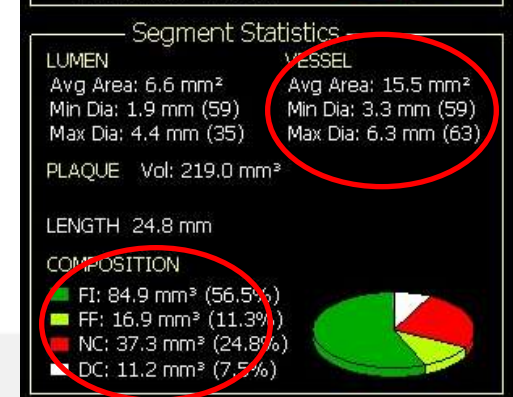
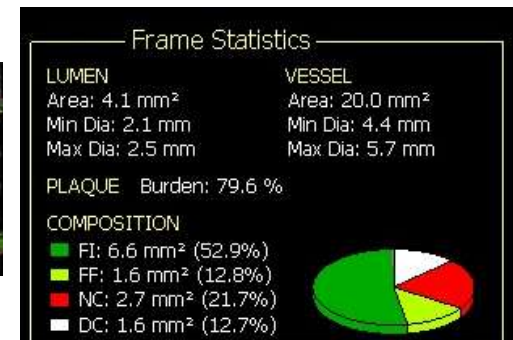
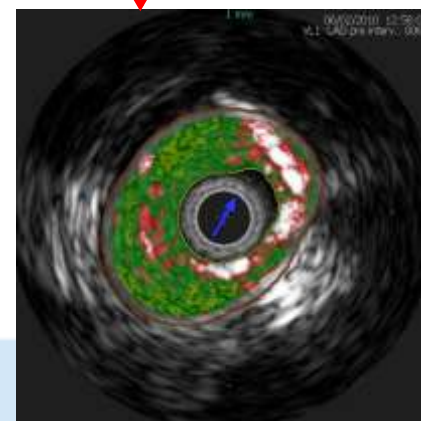
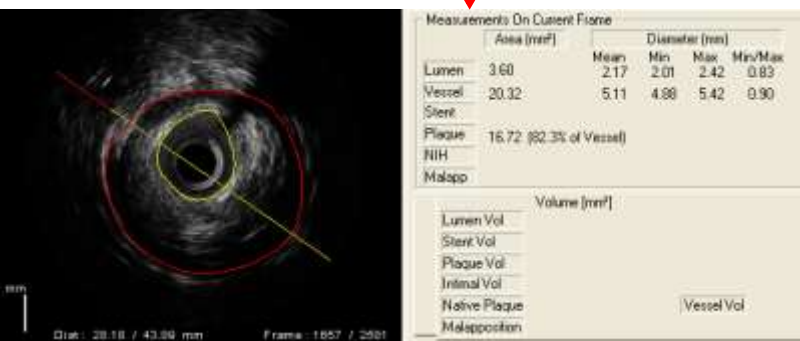
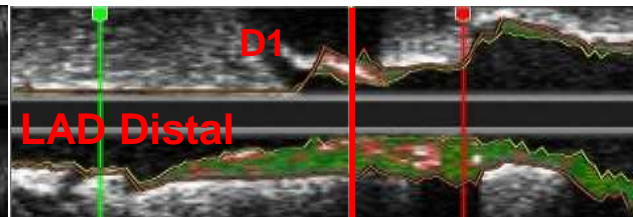
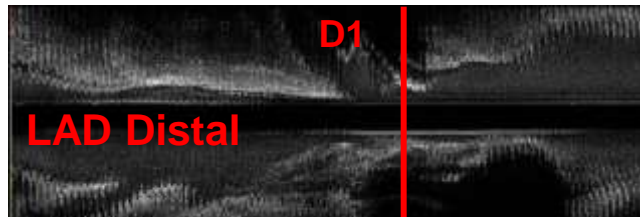
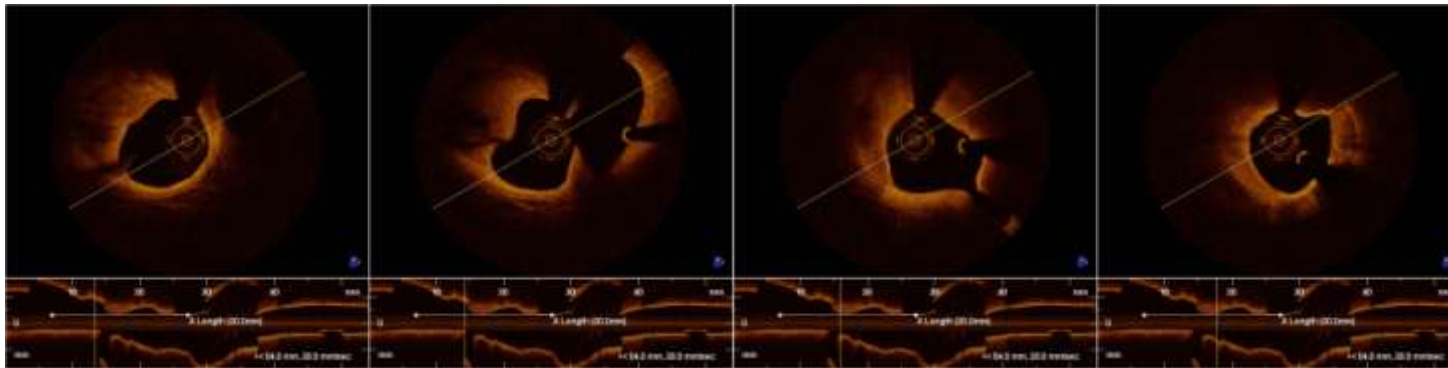
**Among 73 lesions with  $\geq 75\%$  stenosis, only 20 lesions were functionally significant.**

**FFR measurements demonstrate that most of stenotic SB do not have functional significance**

# How to avoid side branch stenting in provisional stenting?



# Intravascular imaging for bifurcations



# Angiographic and IVUS predictors of SB failure during provisional stenting

56 true bifurcation lesions were randomized for single “provisional” stenting (n=28) vs double stenting (n=28) with everolimus-eluting stents.

Crossover criteria from single to double stenting was SB with significant residual stenosis (>70%), dissection >type A, and/or impaired flow (TIMI=0 or 1) after performance of “final” kissing-balloon.

By protocol, IVUS imaging was performed in both branches at preprocedure.

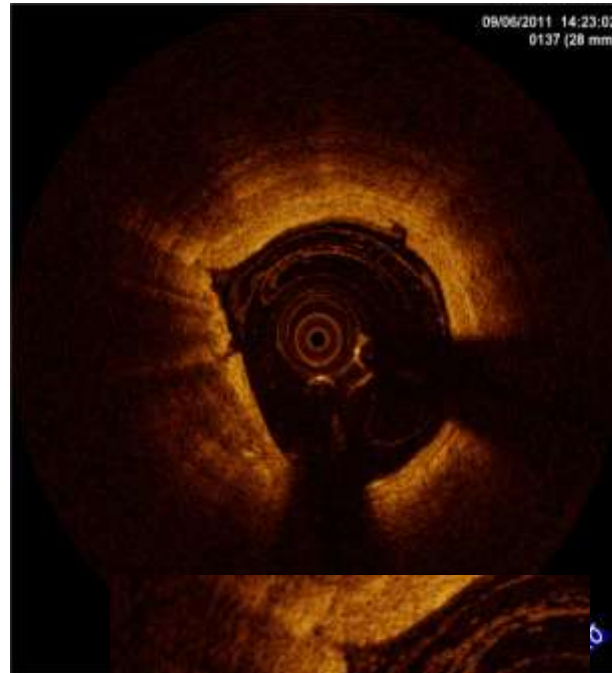
PREPROCEDURE VARIABLES IN THE SB	CROSS-OVER*		P value
	YES, n=6	NO, n=22	
<b>Quantitative Coronary Angiography (QCA)</b>			
Lesion length, mm	13.9	8.87	0.01
Reference diameter	2.47	2.51	0.83
% diameter stenosis	88.6	71.7	0.02
<b>IVUS</b>			
Minimum lumen area (MLA), mm <sup>2</sup>	1.73	2.33	0.005
Plaque burden	65.5	59.1	0.41
Remodeling index	0.65	0.96	0.03
Calcium (arc >90 degrees), %	83.3	29.3	0.006



# XIENCE-OPTIMAL study: Types of Calcium Modification



**Complete Fracture**

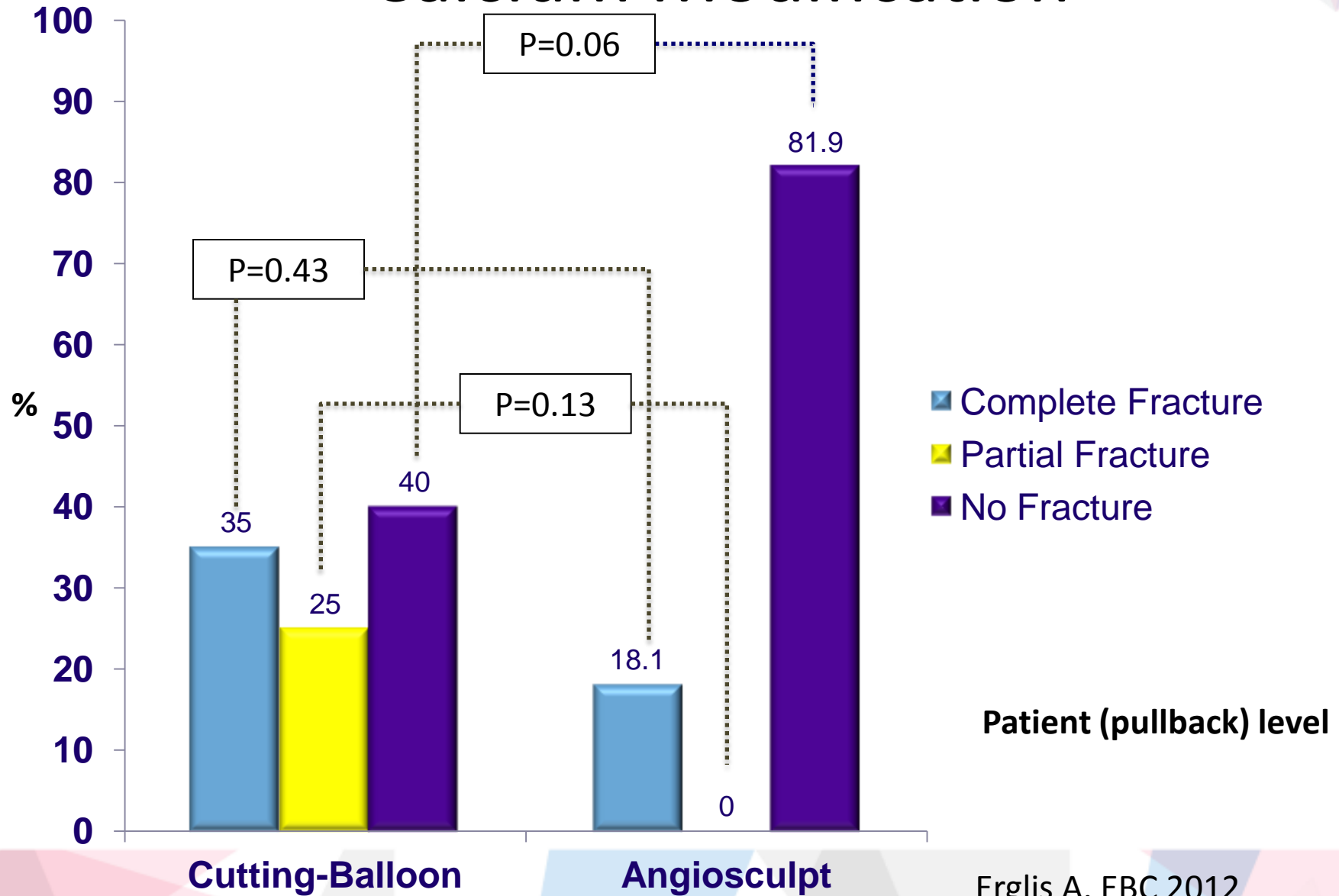


**Partial Fracture**



**No Fracture**

# Xience-optimal study: Calcium Modification



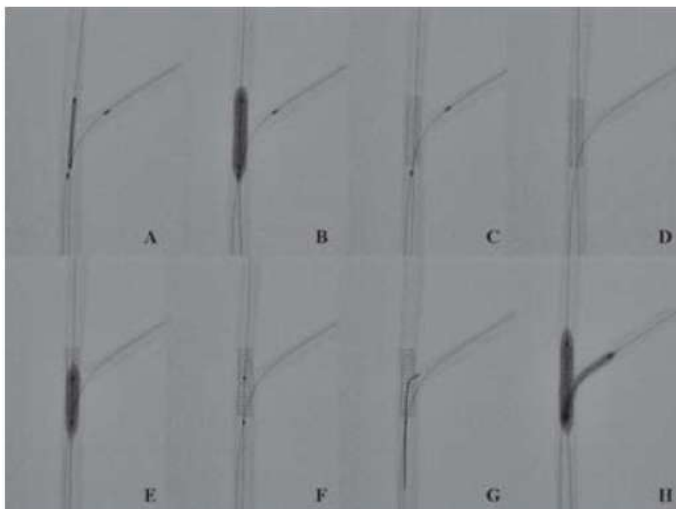
# Riga Bifurcation Registry



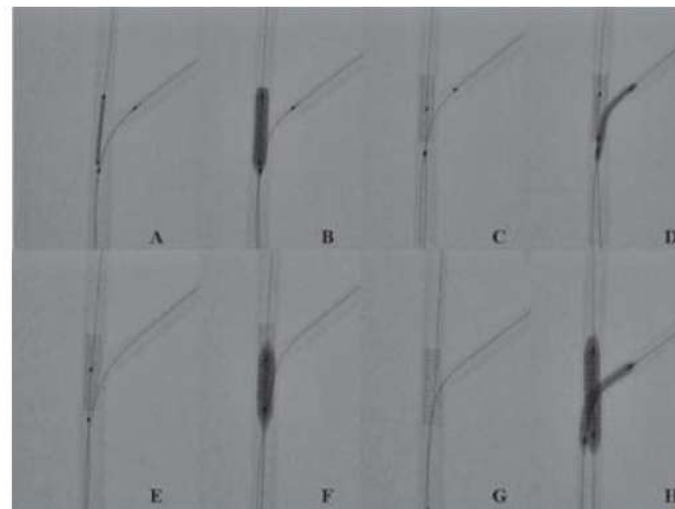
Single centre substudy (Nordic I, II+ Riga bifurcation registry) to compare the safety and efficacy of plaque modification with cutting balloon (CB) before main vessel stenting and/or side branch treatment in bifurcation lesion

8 Months Outcomes	CB n= 209	Non-CB n= 347	P value
Death, n (%)	7 (3.3)	10 (2.9)	0.802
MI, n (%)	7 (3.3)	9 (2.6)	0.609
Non Q MI, n (%)	6 (12)	4 (8)	0.518
ST, n (%)	5 (2.4)	10 (2.6)	>0.99
<b>TLR, n (%)</b>	<b>11 (5.3)</b>	<b>38 (11.0)</b>	<b>0.021</b>
TVR, n (%)	17 (8.1)	48 (13.8)	0.056

# Jailed balloon protection



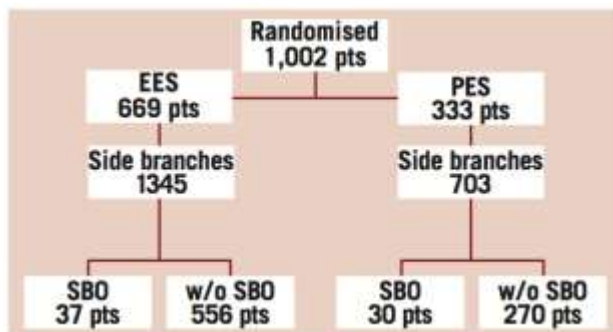
*Figure 1. Bench testing of the jailed balloon technique without side-branch balloon inflation. (A) Stent (3.5x18 mm) positioning in the main vessel (MV) with protection balloon (2x20 mm) into the side-branch (SB). The balloon is placed with the proximal marker immediately proximal to the stent. (B) Deployment of MV stent with jailed balloon. (C) MV stent appearance after deployment and before jailed balloon removal. (D) MV stent appearance after uninflated jailed balloon removal. No major stent deformation is detectable. (E) Proximal MV post-dilation with short (4x12 mm) balloon. (F) MV stent appearance after post-dilation of the proximal portion. (G) SB rewiring is performed using a pullback technique from distal to proximal so that MV stent's side-cells are re-crossed in the distal part of the SB ostium. (H) Kissing balloon inflation (3.5x20 mm in the MV and 2.5x20 mm in the SB).*



*Figure 2. Bench testing of the jailed balloon technique with side-branch balloon inflation. (A) Stent (3.5x18 mm) positioning in the main vessel (MV) with protection balloon (2x20 mm) into the side-branch (SB). The balloon is placed with the proximal marker immediately proximal to the stent. (B) Deployment of MV stent with jailed balloon. (C) Before inflating the SB balloon, the short (4x12 mm) balloon necessary for proximal MV post-dilation is placed in the MV. (D) SB balloon is removed. (E) The stent has a detectable deformation in the proximal part which has been induced by SB balloon dilation. (F) Proximal MV post-dilation with the short (4x12 mm) balloon. (G) MV stent appearance after post-dilation of the proximal portion. The MV stent distortion is completely corrected so that SB rewiring is performed as usual. (H) Kissing balloon inflation (3.5x20 mm in the MV and 2.5x20 mm in the SB).*

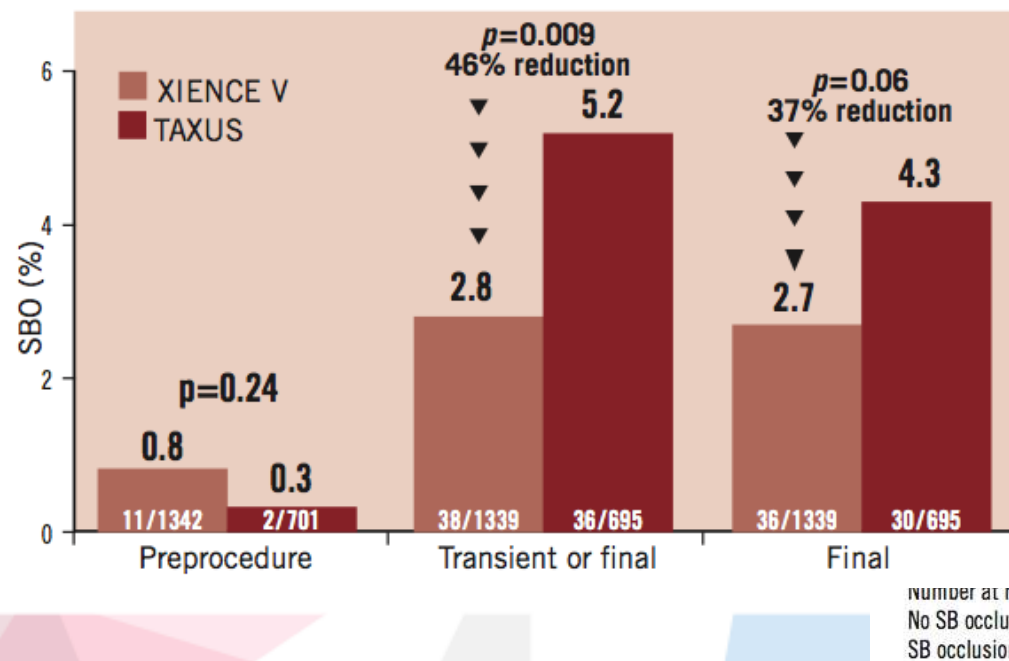
This novel technique has been successfully adopted in 20 patients with complex (55% unprotected LM, 85% Medina 1,1,1) true bifurcated lesions undergoing DES implantation.

# 3-year Results from SPIRIT III: Comparison of Everolimus- and Paclitaxel-Eluting Stent

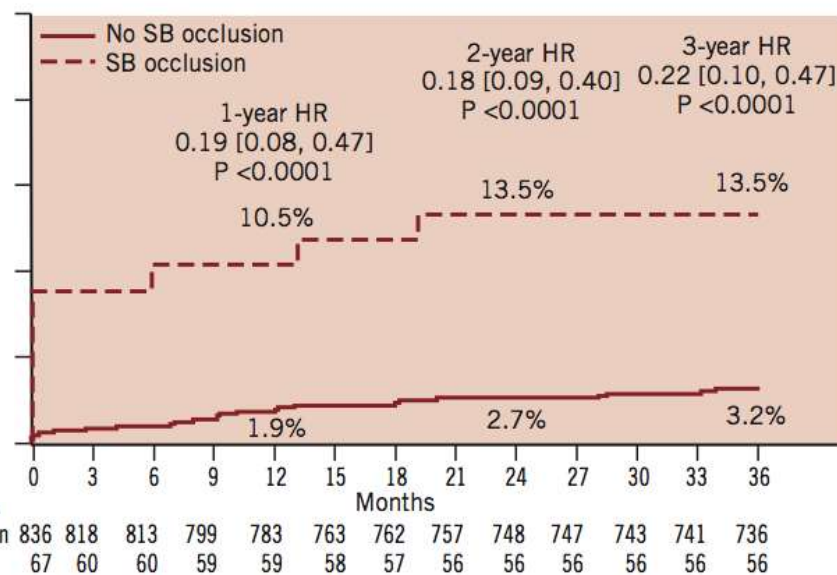


In the EES arm, 90.6% patients had side branches  
 In PES arm, 91.3% patients had side branches

## Side branch occlusion frequency



## Non-Q-MI in patients with or without SB occlusion

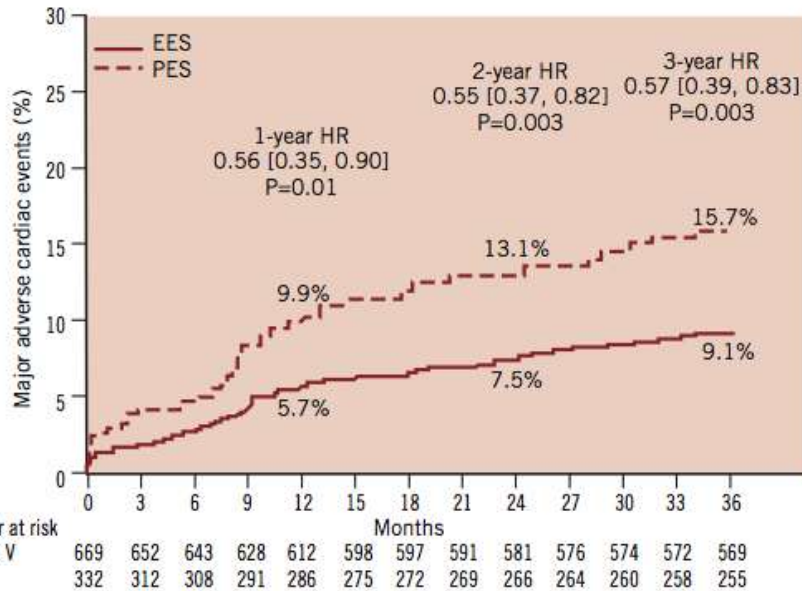




# 3-year Results from SPIRIT III: Comparison of Everolimus- and Paclitaxel-Eluting Stent



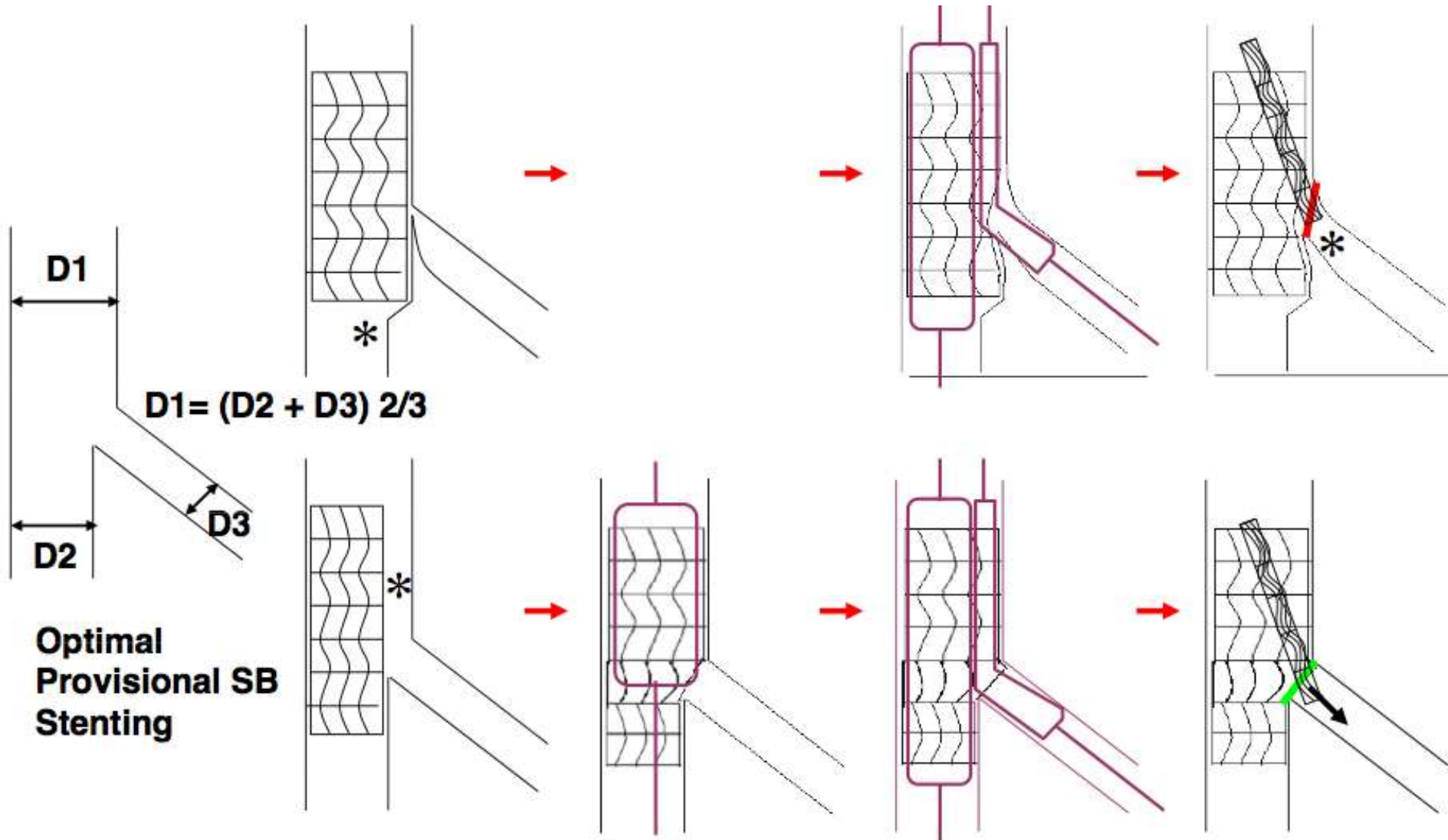
## Spirit III: KM curve for MACE through three years



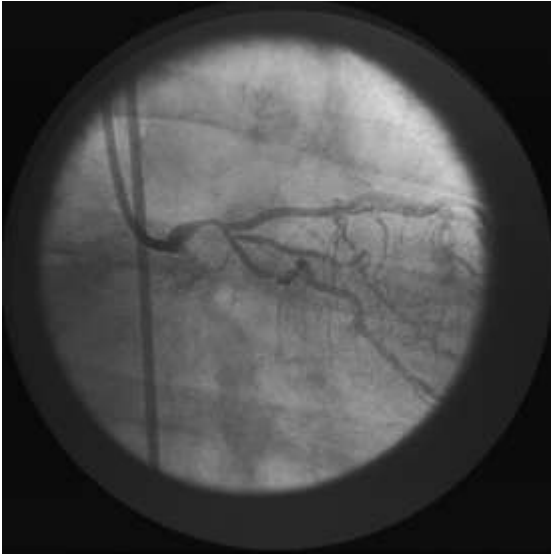
## Clinical outcomes for patients with side branches

3 years clinical outcome	EES (n=606)	PES (n=304)	P value
Cardiac death	1.6%	1.8%	0.78
QMI	0.5%	0.7%	0.67
NQMI	3.3%	6.1%	0.07
TLR	5.8%	9.7%	0.05
MACE	9.8%	16.9%	0.005

# Proximal optimisation technique



# Case Example

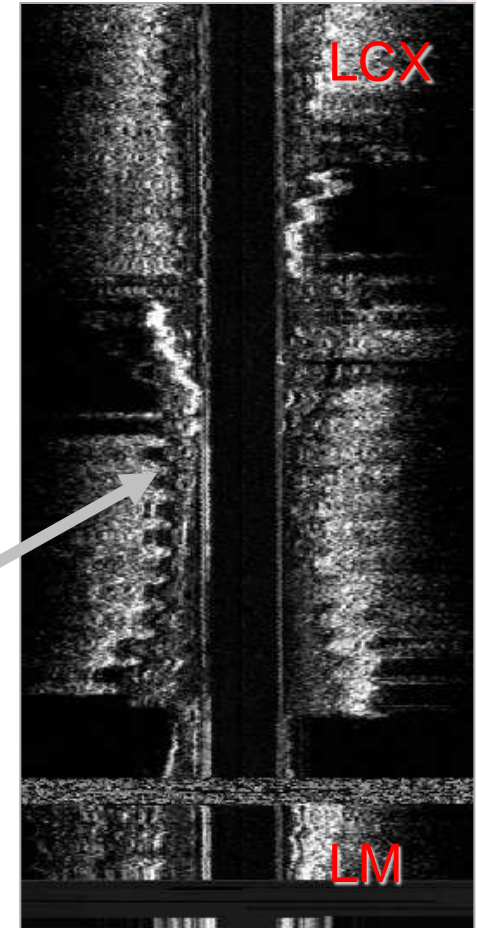
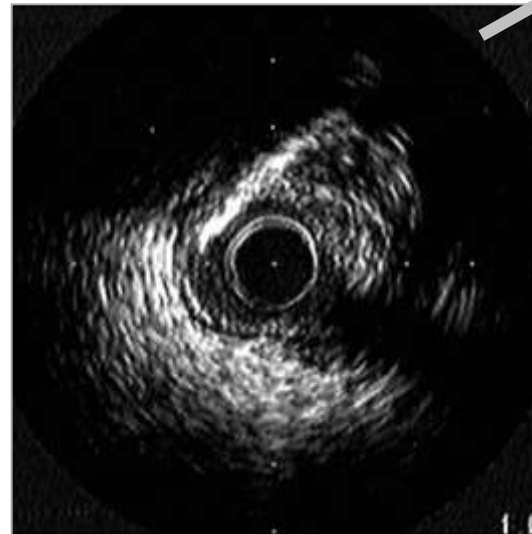
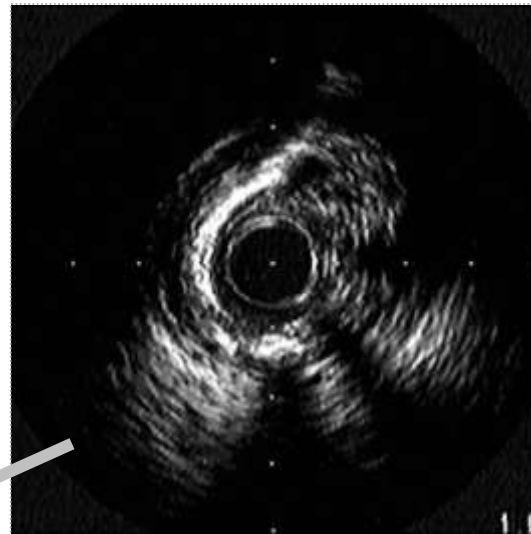
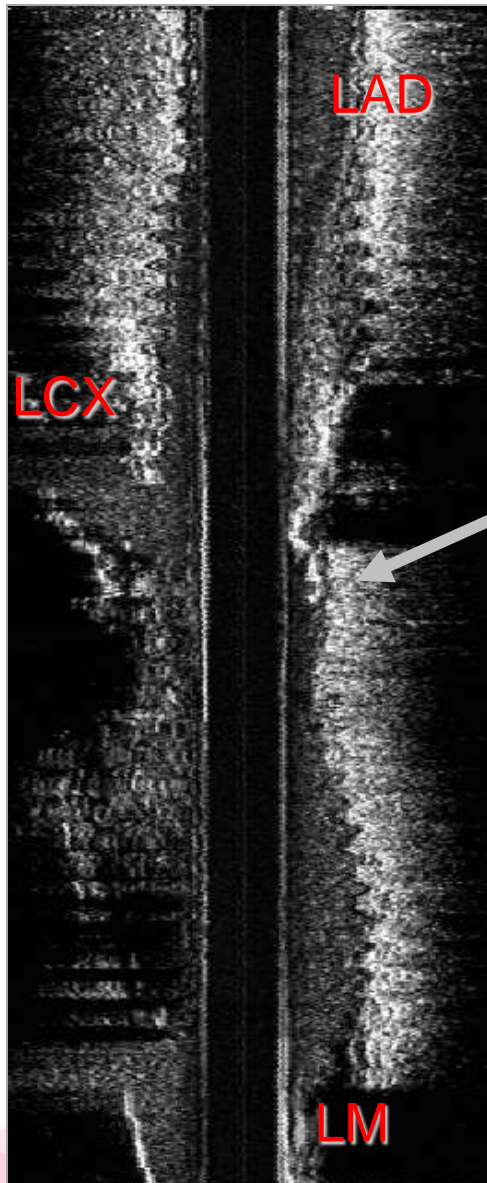


- Patient:
  - Female, 64 yo
  - Stable angina, CCS III
  - Risk factors – arterial hypertension, family history
- Materials used:
  - 7F XB 3.5 guiding catheter
  - Choice Floppy and Choice PT guidewires
  - GP IIb/IIIa inhibitor





# IVUS Before Intervention



**MLD 1.63 mm**

**MLA 2.72 mm<sup>2</sup>**

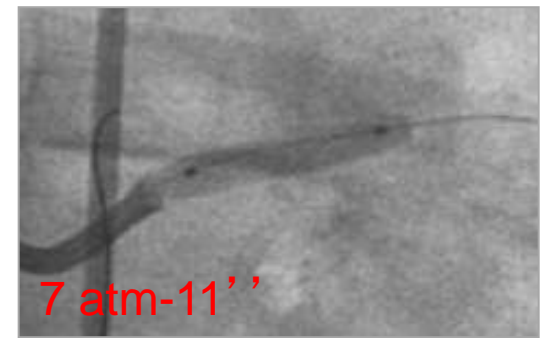
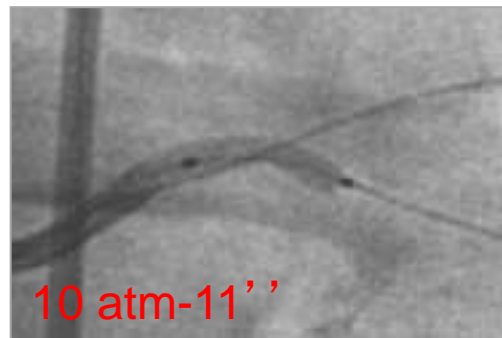
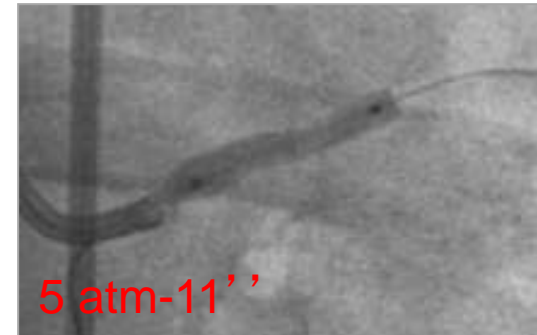
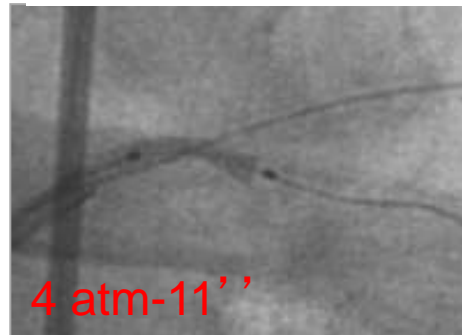
# Plaque Preparation with Cutting Balloon



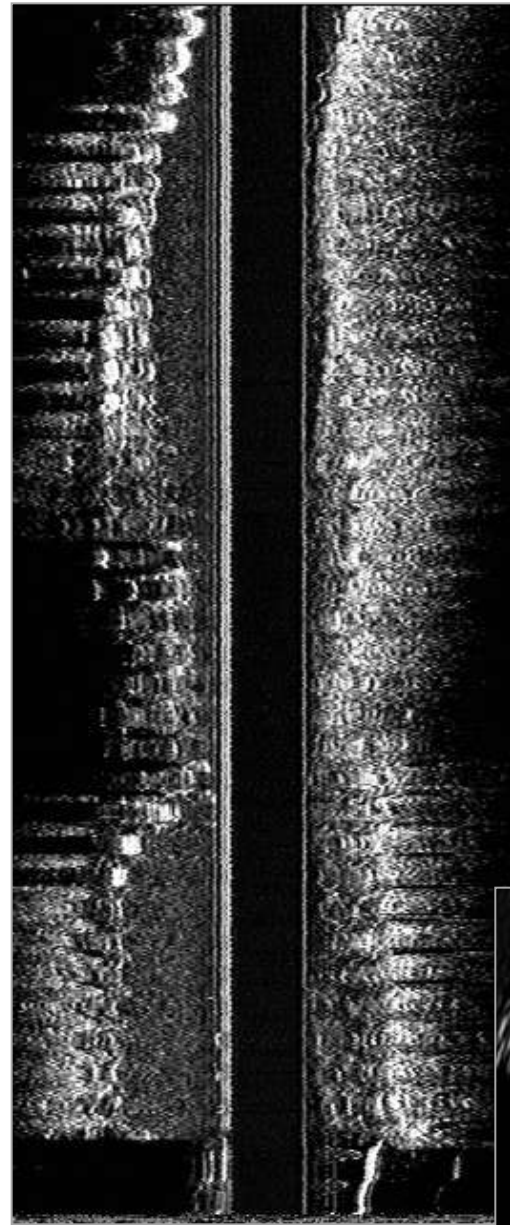
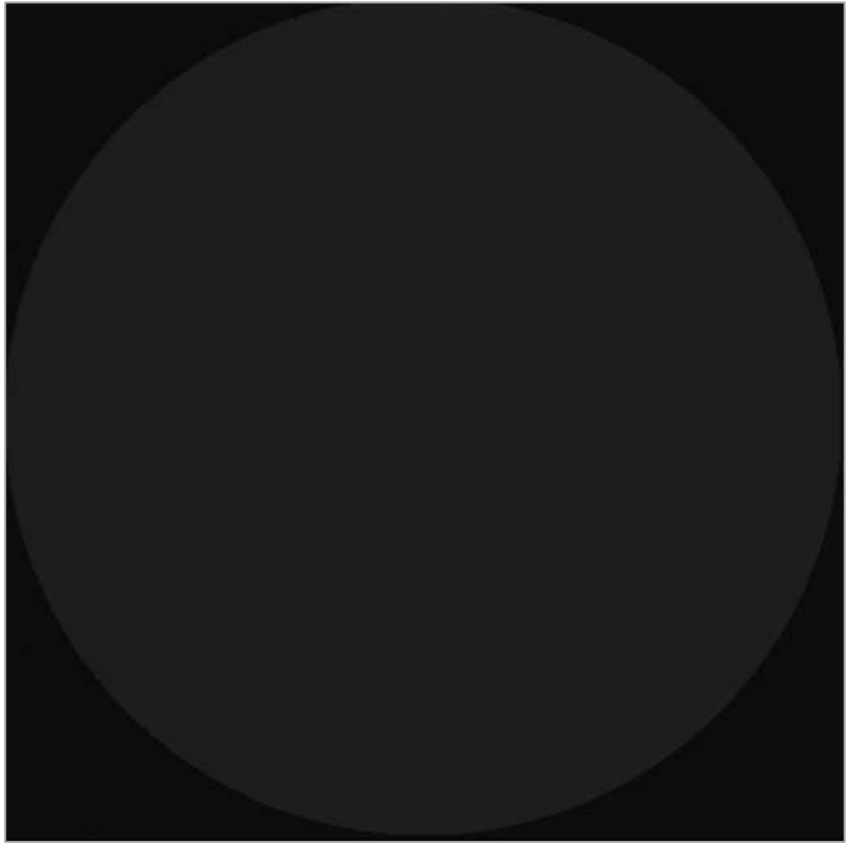
LM-LCX:  
Flextome Cutting  
Balloon 2.5x10 mm



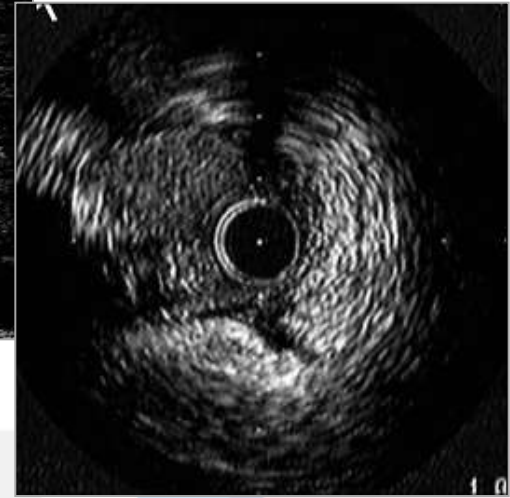
LM-LAD:  
Flextome Cutting  
Balloon 3.75x15 mm



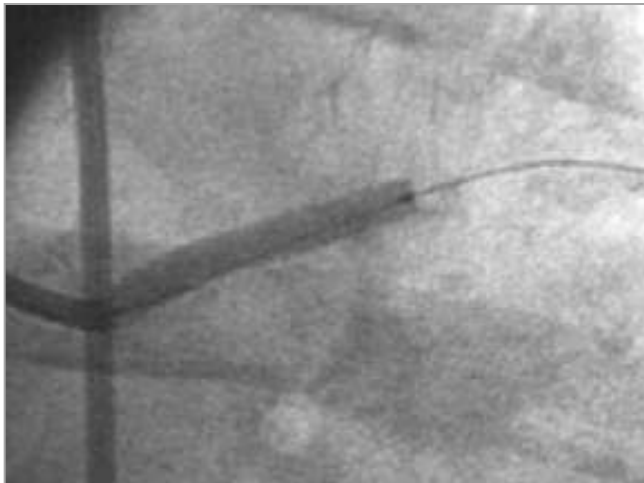
# Result after CB intervention



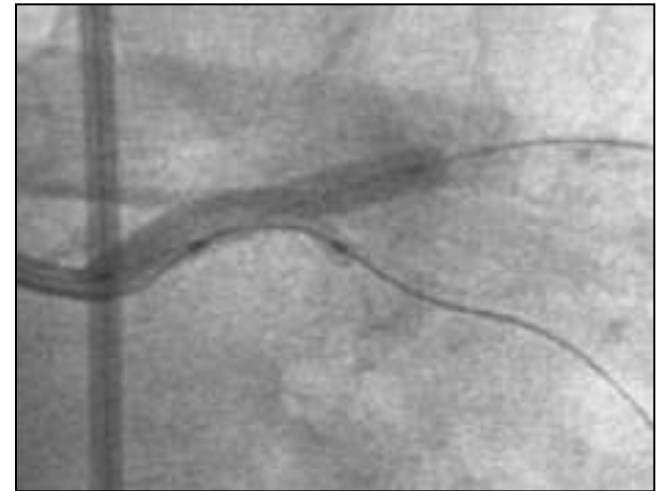
**MLD 1.84 mm**  
**MLA 5.18 mm<sup>2</sup>**



# Stenting and Postdilatation



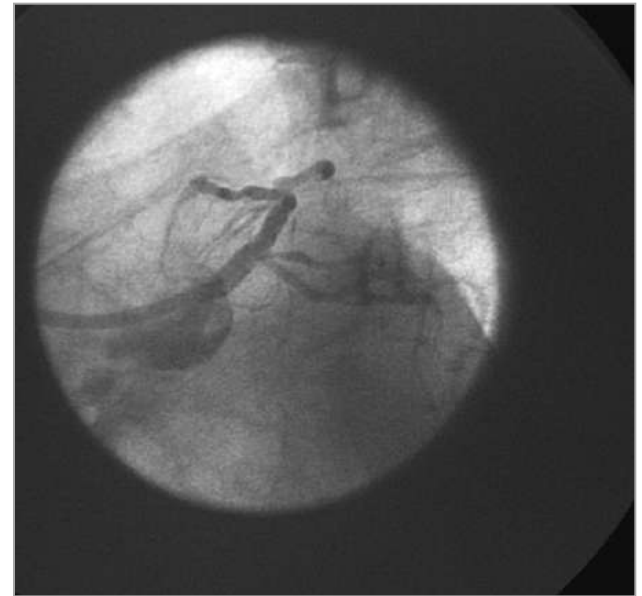
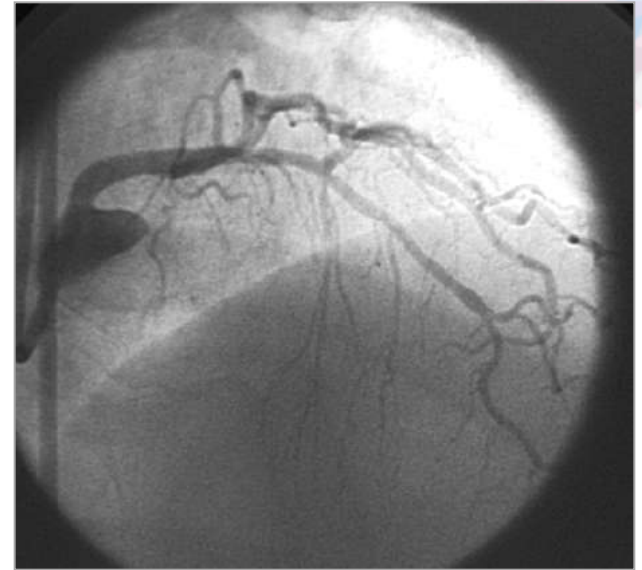
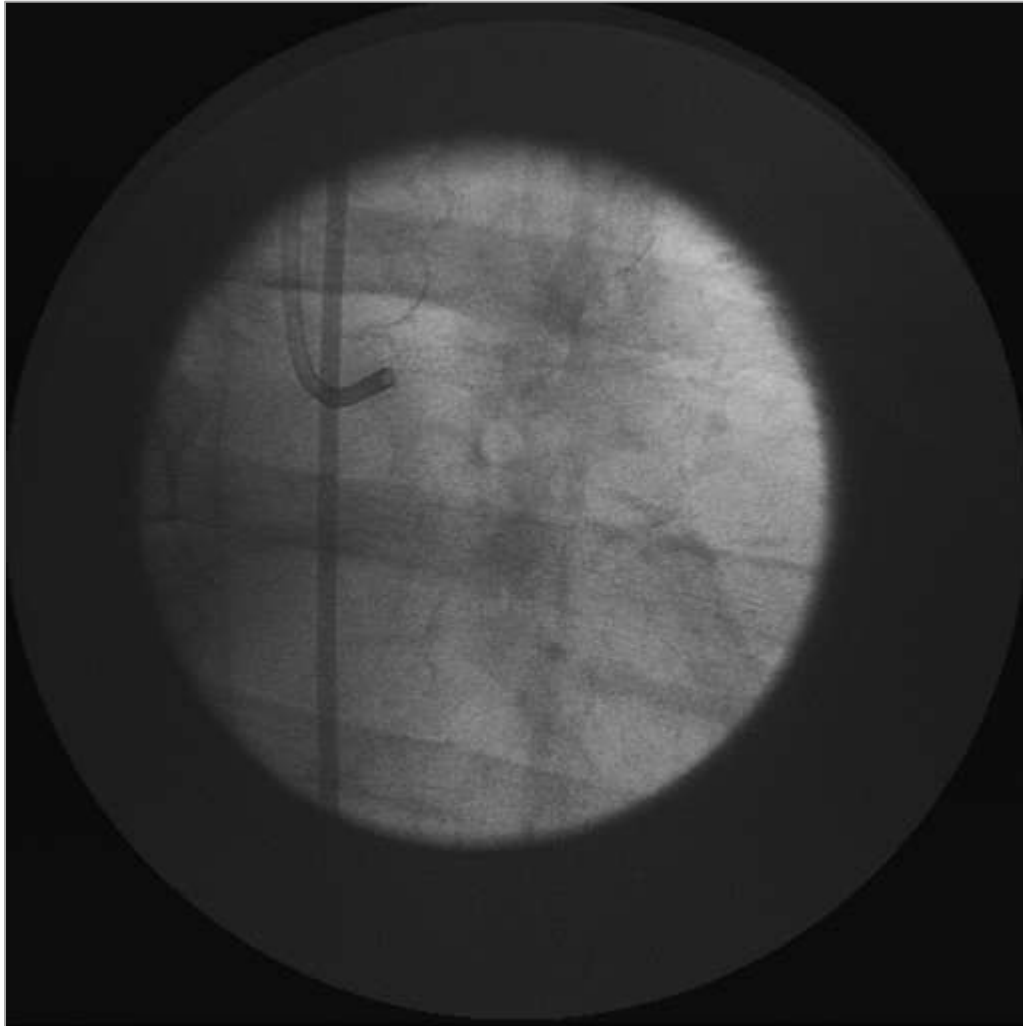
DES 3.5x24 mm  
9 atm 21''



LAD – SC balloon 3.0x24 mm

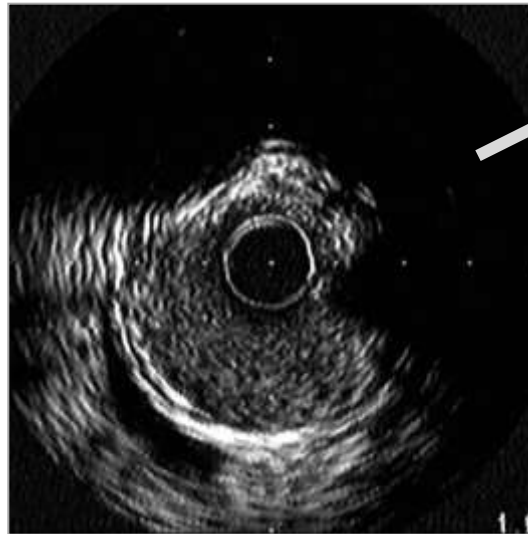
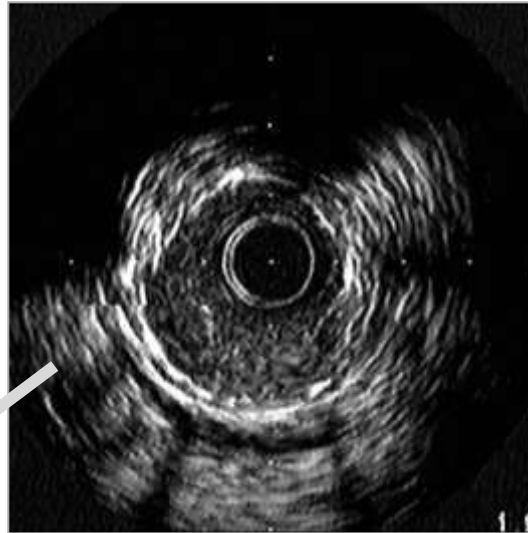
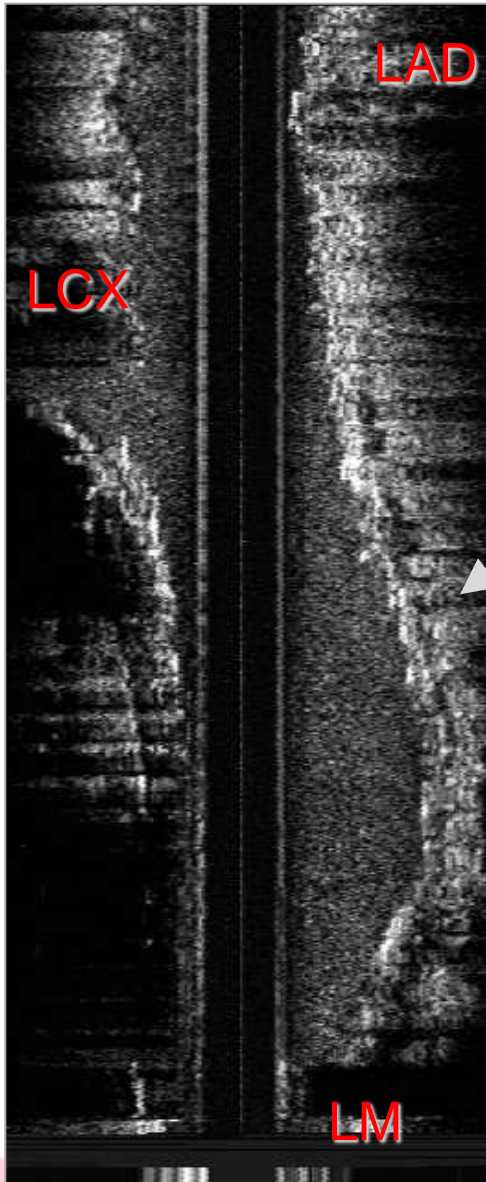
LCX – NC balloon 2.5x12 mm

# Final result





# IVUS Post Intervention



**MLD 3.00 mm**

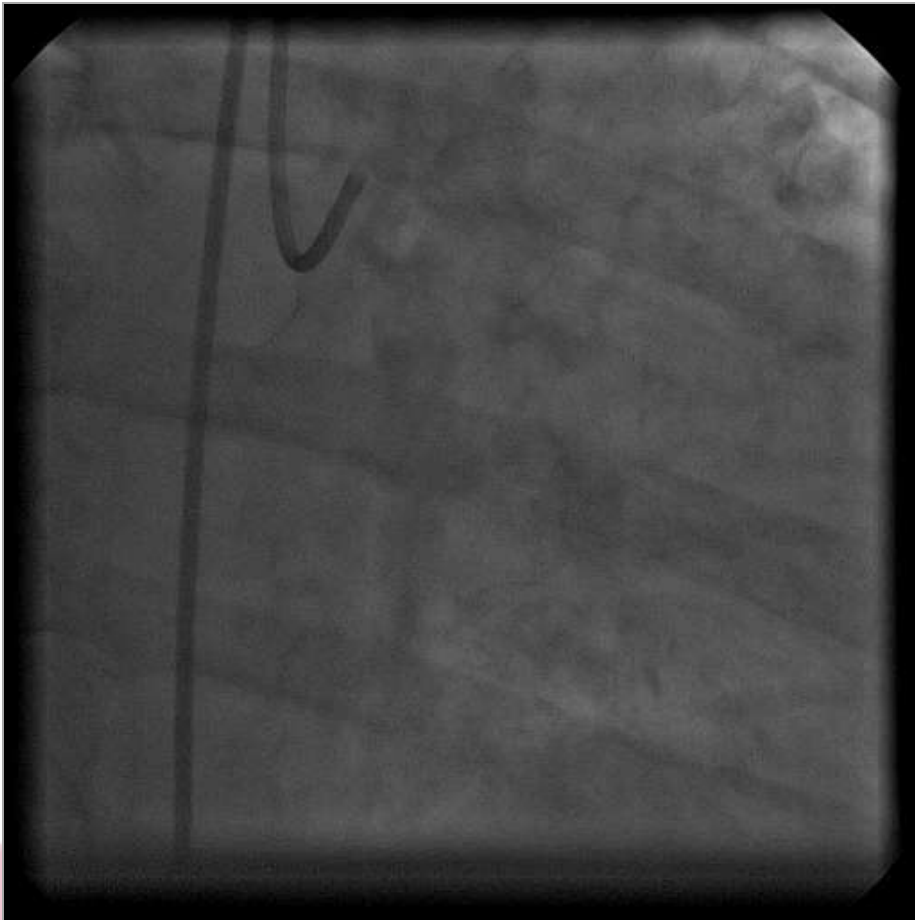
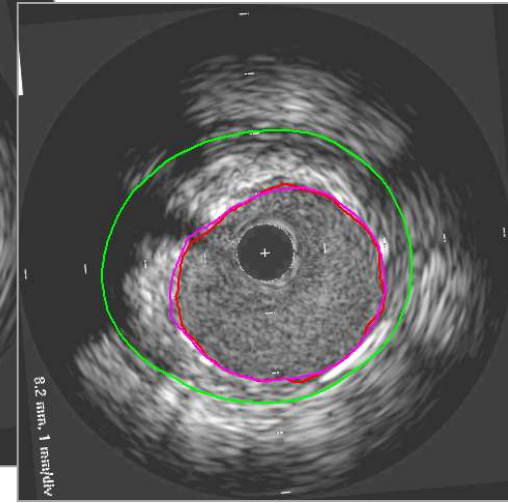
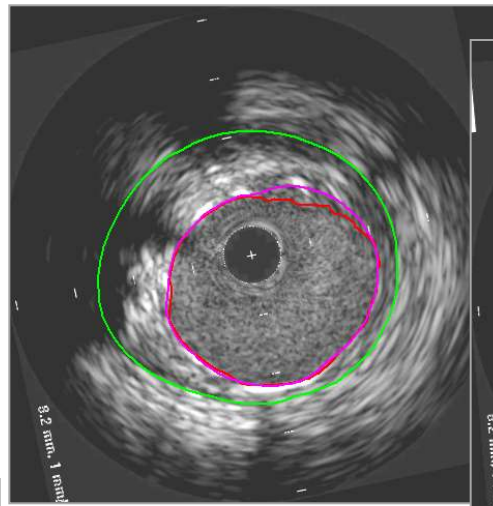
**MLA 8.74 mm<sup>2</sup>**

# 6 Months F-up

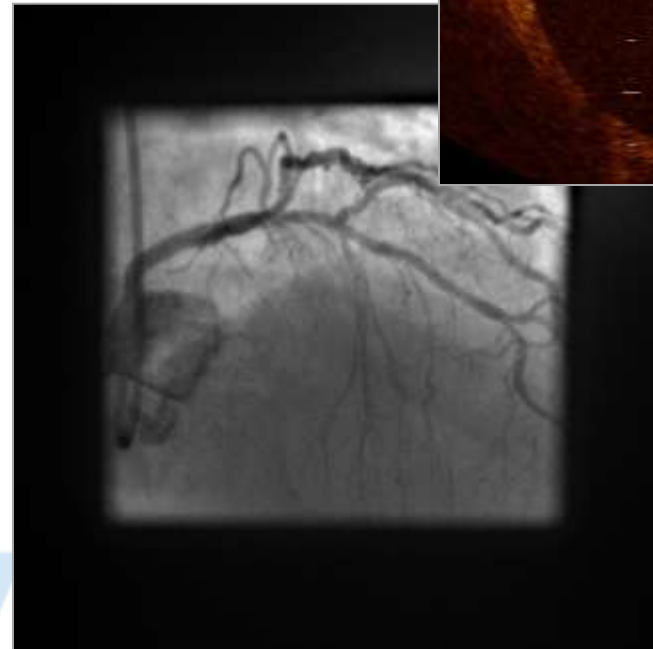
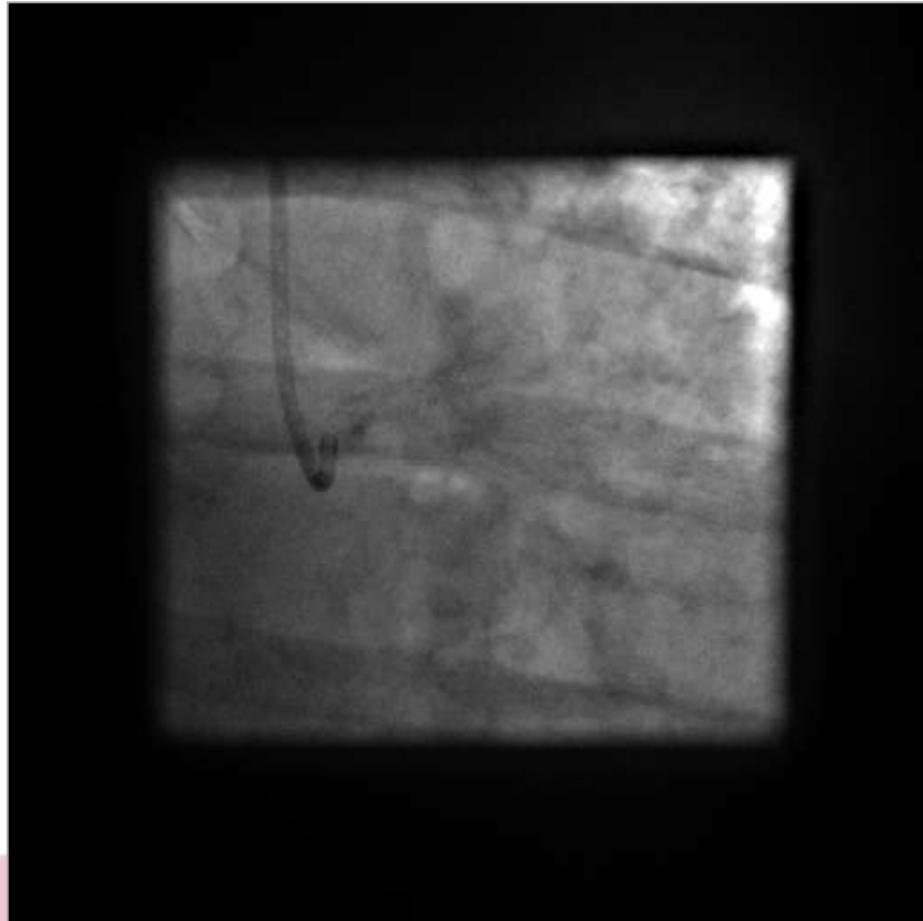
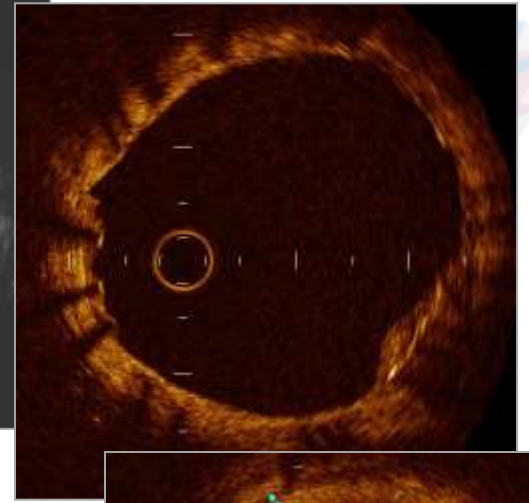
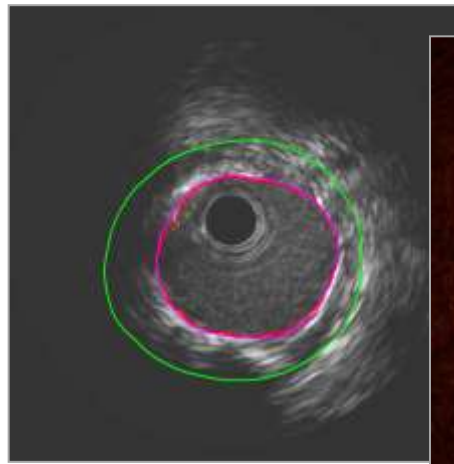
Left main:

MLD 2.92 mm

MLA 8.58 mm<sup>2</sup>

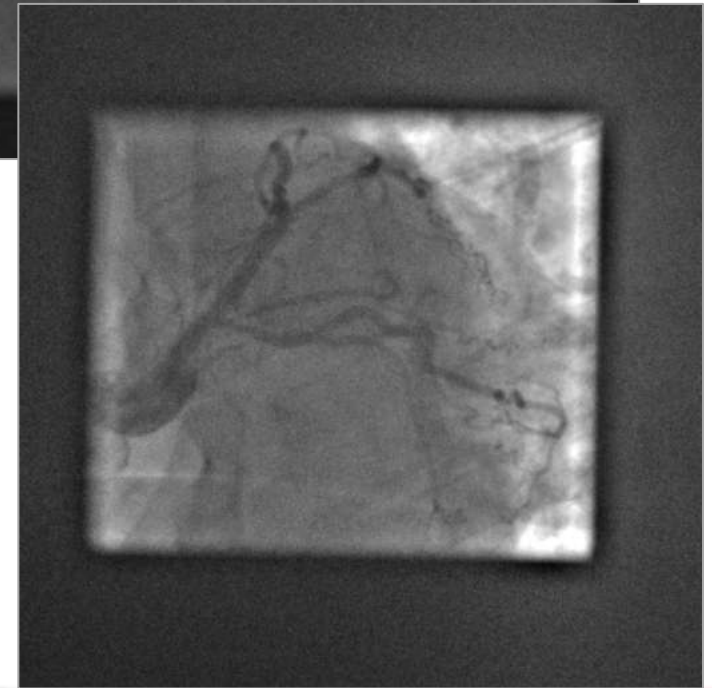
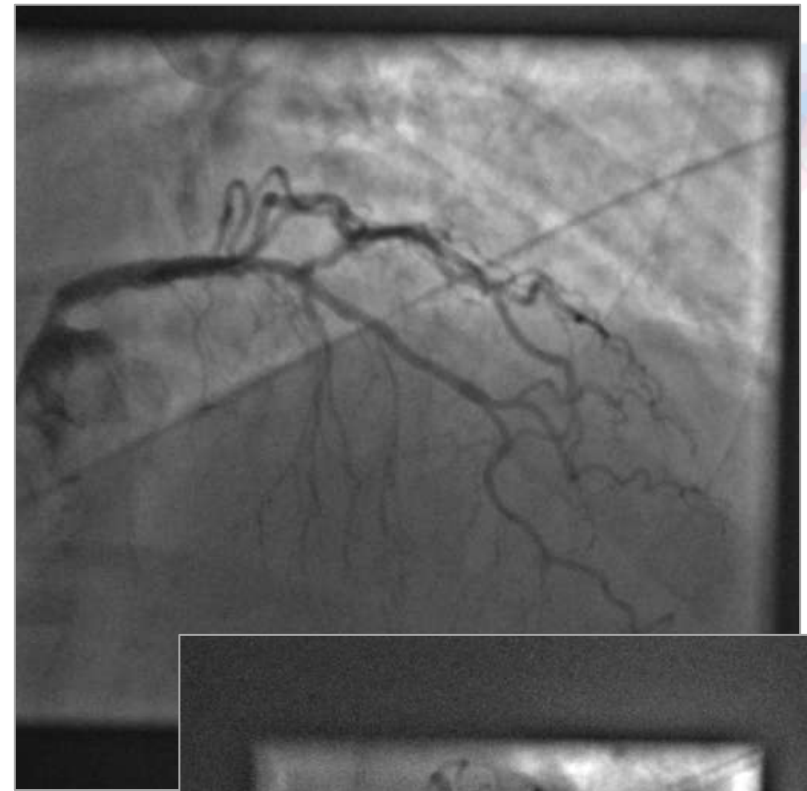
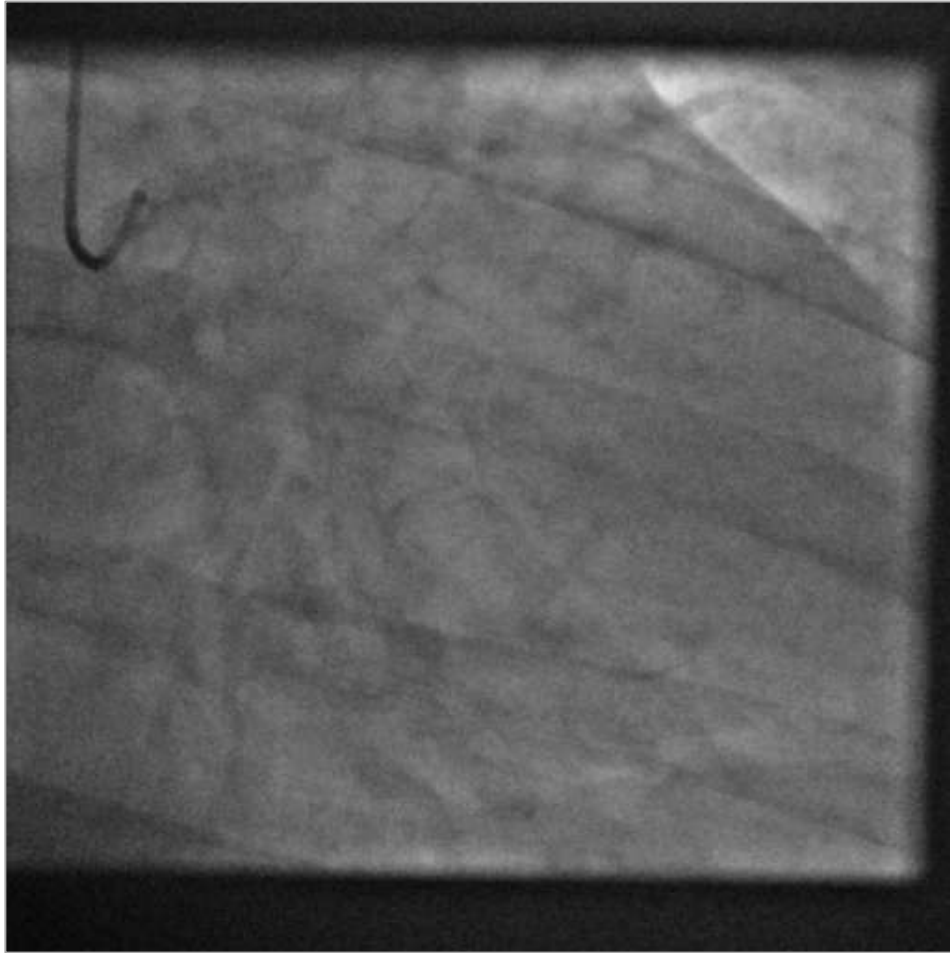


# 3 Years Follow-up





# 7 Years Follow-up





# Conclusion

- Knowledge of anatomy is important, therefore, intravascular imaging is strongly recommended
- Lesion preparation with cutting or scoring balloons according to intravascular imaging finding
- New generation DES may be preferable to first-generation DES
- POT technique could be recommended to reproduce the anatomy of bifurcation



